



# TRESTLEBOARD

NEWSLETTER OF WASHINGTON LODGE No. 20.

June 2010

To Make Good Men Better

OUR 159th YEAR



## From the East

Joseph Dongo, Master

Congratulations Bro. Emad Sweidan on your becoming a Master Mason. The sublime degree conferred on the Past Masters Night was magnificent and I have no doubt will have a lasting impression upon you. I commend the Past Masters for the great rituals they offered us. Congratulations as well to Brother Brian Schoenborn for his advancement in Masonry by being passed to the degree of Fellowcraft.

We really had great time at the Tri-Tip picnic event. Thanks to all those who made it such a big success. Special thanks to Bro. Brian Schoenborn for his leadership on chairing the Organizing Committee. He fixed a tri-tip which many including myself stated was as tender and delicious as they have ever eaten. Wow!

Also, I would like to thank Bro. Wally Clark for his many years of benevolence and service on editing the Trestleboard. We have so many of our brethren who cannot regularly join in the lodge events any longer for health or location reasons and the Trestleboard remains the prime communication medium between us. Bro. Wally has tirelessly helped to keep it functional and we are all grateful for his dedicated contribution.

The call for help has been heard and Bro. Victor Sanchez has accepted to pursue the Trestleboard edition work. I have no doubt that he will do it with similar level of enthusiasm, energy, and dedication while bringing a refreshing air in the mix. Both Bros. Wally and Victor worked together on this edition to transition from one to another. Please join me on welcoming Bro. Victor in his new role. Let's give him all of the support he needs to help us.

Fraternally,  
Joseph Dongo, Master

### Upcoming events:

May 27, 3rd Degree practice  
June 3, Stated Meeting  
June 10, 2nd Degree Bro. Alex Chompff  
June 17, Double 1st Degree  
June 24, 3rd Degree bro. Brian Schoenborn

Communicating – You can't do Enough of It  
*The Masonic Service Bureau*

We do a pretty good job of communicating what's going on inside our Lodge. We do degrees, social events, let our membership know about our support activities for our youth groups; and invite you to dinner, to name a few. That works for us, but what about our neighbor lodges. How do they find out what we are doing? The obvious answer is to send them all a Trestleboard too, but that can get expensive. There is another way. What about the Masonic Service Bureau's Website? and their newsletter "Every Friday." If you have an e-mail account and you are a member of the Masonic Family (Blue Lodge, Jobs Daughters, Eastern Star etc) all you need to do to utilize their bulletin board website is go on line, log in, fill out their registration and from then on you can go and log in, use your password and username and check out what's going on. You can also post data by using [events@msb-sac.org](mailto:events@msb-sac.org) <mailto:events@msb-sac.org> or [degree@msb-sac.org](mailto:degree@msb-sac.org) <mailto:degree@msb-sac.org> . Just go to [www.members@msb-sac.org](http://www.members@msb-sac.org) <http://www.members@msb-sac.org/> to begin the process. It's easy and adds one more 'Tool' to your Masonic 'Toolbox'. And the best part is-it's free. The "Every Friday" Newsletter goes out to over one thousand members of the Masonic family. Check it out; you'll like what you see.

## Stated Meeting Dinner Thursday June 3rd

Hospitality 5:00 pm  
**Pool & Billiards**  
3rd floor Club Room

Dinner 6:15 pm  
**Summer BBQ Menu**

Meeting 7:30 pm

**RSVP by June 1st, 6pm to : 888/828-4476**

# The 2010 Washington Lodge Officers

Joseph Dongo.....Master  
 email Alacabo@gmail.com, NOT FOR PUBLIC RELEASE  
 David Cameron..... Senior Warden  
 Michael Quinn..... Junior Warden  
 Eric Hixson, P.M..... Treasurer  
 Jon Isaacson, P.M..... Secretary  
 email: secretary@washingtonlodge20.org  
 Jed VanWagner..... Chaplain  
 Juan Faranda.....Senior Deacon  
 Dan Dailey.....Junior Deacon  
 John Djubek.....Senior Steward  
 Josh Djubek.....Junior Steward  
 Richard Pullen, P.M..... Marshal  
 Floyd Tritt..... Tiler  
 Eric Hixson, P.M..... Officers Coach  
 Rich Wilson.....Candidates Head Coach  
 Ray W. Lenau, P.M..... Officers Coach Emeritus  
 Vince Parell, PM.....Inspector District 414  
 Richard Pullen, P.M., .....Masonic Lawn Board  
 Dave Freeman.....Masonic Lawn Board  
 Dave Freeman, Ambassador, .....Fraternal Support

The Washington Lodge Trestleboard  
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 Doug Sleeper, P.M. Grammarian  
 Dave Freeman, Asst. Grammarian  
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 Washington Lodge Website:  
<http://www.washingtonlodge20.org>

*Do you remember...*



*...when a 57 Chevy was everyone's dream car...to cruise, peel out, lay rubber or watch submarine races, and people went steady?*

## From the Editor's Desk

Wally Clark, Editor



A number of years ago my good friend, Doug Sleeper, P.M., called me and invited me to lunch. He was somewhat secretive and would only tell me that I needed to help him during his term. Bro. Gary Disher and I had started cooking for the lodge during Wor. Rich Wilsons 3rd term, the year before, so I assumed he wanted to ask us to continue or wanted to hire a caterer. Well to make a long story short, he asked me to do the Trestleboard and for him and I said sure.

The lodge has had significant growth in the last few years and we have many new, younger members...GREAT. It is now time to pass the pen (keyboard) to a new editor with fresh ideas and a new style. I am pleased to announce that Bro. Victor Sanchez will be taking over as editor with the July edition of the Trestleboard. I hope you will send him your articles, photos and jokes in a timely manner so that he will be able to make the deadlines for publication. Bro Jed VanWagner has been handling the printing and mailing duties and he has done a fabulous job for the lodge. Also, I would be remiss if I didn't give a special thanks to the Grammarian's, Douglas A. Sleeper, P.M. and Bro. Dave Freeman.

I will still be spending time with the Cooking Crew which has grown and taken on a life of its own. The crew includes: Bro. Gary Disher, Joan Cameron, Bro. Bob Taylor, Eric Hixson P.M., Linda Porter and Bro. Lew Wentworth who are regularly in the kitchen. Gary's twins John-Henry and Katie and the Cameron twins, David and William are handling setup and cleanup. We hope your are enjoying the meals; as we are having fun preparing them.

If any of you are cyclists you are invited to join Gary and myself for breakfast on a Sunday Morning at Crepe Escape on 57th and H St. Send me an email if you want to join us: wgc@cwo.com.

Well, "that's all folks", Cheers,  
 Wally Clark, Editor

## CHILD ID PROGRAM

The Child ID program is back and is planned for both:

**Sacramento County Fair, May 27 - 31, 2010**  
**California State Fair, July 14 - August 1st**

*We need volunteers from Washigton Lodge*  
to join other lodges members to make it a successful event.

Please let me know if you can help.

Fraternally,  
 Joseph Dongo, Master  
 Washington Lodge No.20  
 (916)776-6440



## From the West

David Cameron, Sr. Warden

Brothers,

It's been quite a ride. Joseph hasn't just called us to come aboard; he's reserved us seats on a bullet train. This is an exciting year for Washington Lodge #20, with all the new blood how can we not continue to prosper. But if we allow them to wait for us to instruct them, nurture them, and support them, we will lose them all. Please make the calls, invite them to your home, and invite them to events you are interested in. We need to develop the Brotherhood outside of the Lodge room too. I see many new Brothers eager to show what they have to offer the Fraternity, but aren't sure how or who to approach with this. I'll gladly put my hand out to every Brother. If you need help, call me (916-600-6325); if you need a movie date call me, if you need someone to cut your grass, call a gardener. Sorry, bad back! Thank you for letting me call all of you Brothers

Fraternally,  
David H.Cameron, Sr. Warden

*My trust is in GOD*

Work NOT FOR PUBLIC RELEASE  
Home NOT FOR PUBLIC RELEASE  
Cell NOT FOR PUBLIC RELEASE

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## EXERCISE FOR PEOPLE OVER 50

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5-lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax.

Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10-lb potato bags.

Then try 50-lb potato bags and then eventually try to get to where you can lift a 100-lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level.)

After you feel confident at that level, put a potato in each bag.



## From the South

Michael P. Quinn, Jr. Warden

On April 24th through the 28th, I had the opportunity to attend the 2010 California Grand Sessions for York Rite Masonry held in Bakersfield, California. For those who don't know, York Rite Freemasonry consists of three bodies, the Chapter, Council, & Commandery. Membership is open to all Freemasons and the experience will enhance the knowledge and understanding of Masonry in a variety of different rituals and historical lectures. The Grand Sessions consisted of Public Opening, Formal Opening, and installation of officers for each body and were well attended with visitors from California, other states, and countries. Excellent meals and lodging were provided for these sessions at a nominal price. A Golf Tournament, Commandery Drill Competition, and Special Award or Degree activities were also held. Another concordant body, the Allied Masonic Degrees also attended for an "In-Gathering". At that session a special Degree, The Master of Tyre; was awarded to eligible brethren. This Degree was performed in full costume and script by the Bakersfield, Western Council # 41 and presented a historical representation of the events surrounding the death of the grand master and workmen in the quarry which are not presented in the blue lodge ritual. Membership in the Allied Masonic Degree councils are also open to all Masons. For more information on York Rite Masonry or Allied Masonic Degrees, please see:

<http://www.yorkriteofcalifornia.org/>  
and <http://www.yorkrite.com/gcamd/>

Fraternally,  
Michael P. Quinn, Jr. Warden

### *June Birthdays*

Joseph A. Mayo IV	June 01, 1960
James J. Lenau	June 04, 1956
Richard A. Entrican	June 07, 1945
Herman T. Silvius III	June 08, 1926
Patrick L. Ferguson	June 10, 1947
Earl W. Haring	June 10, 1927
Lawrence H. Williford	June 12, 1929
Joel E. Wright	June 13, 1969
Robert C. Breese	June 15, 1955
Albert E. Rowe Jr.	June 17, 1927
Paul F. Hart	June 18, 1928
Darwin O. Graham	June 21, 1928
Raymond D. Perryman	June 21, 1930
Larry T. Afzal	June 25, 1944
David H. Cameron	June 25, 1959
Edward H. Keehner	June 26, 1917
William L. Kjelland	June 28, 1910
John B. Kuhlman	June 30, 1946
Amadeo C. Romero Jr.	June 30, 1943

# Lodge Ambassador's Corner

Dave Freeman



## USS POTOMAC CRUISE

The USS Potomac was built in 1934 as the Coast Guard cutter Electra. It was commissioned as a U.S. Navy vessel in 1936, renamed the USS Potomac, and served as Franklin Delano Roosevelt's Presidential Yacht and "Floating White House," until his death in 1945.



Washington Lodge has contracted for a 3 hour historic cruise of the three bridges of San Francisco Bay on Saturday, July 24. THE DAY TRIP IS OPEN TO ALL MASONS, THEIR FAMILIES AND FRIENDS. Our motor coach will depart from the Scottish Rite Masonic Center, 6151 H Street at 8am and return by 5pm. **Reservations are closing June 24th. Please complete the form now.**

If you have any questions, call: David Freeman at [NOT FOR PUBLIC RELEASE](tel:415-435-5555) or email to [cdf58@sbcglobal.net](mailto:cdf58@sbcglobal.net)

-----clip and mail -----

Reservation for July 24 cruise on the USS Potomac

Name(s) \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_

Cost: Adults \_\_\_\_\_ @ \$75.00 per person

Children up to 12 \_\_\_\_\_ @ \$60.00 per person

Total enclosed \$ \_\_\_\_\_

Make check payable to: Washington Lodge #20

Mail to: David Freeman,  
3432 Buccaneer Cir., Sacramento, CA 95826